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NEWS RELEASE

TSX Venture Exchange Symbol: SNV

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**Sonoro Energy Ltd. announced as winner
of Selat Panjang PSC block in Sumatra, Indonesia**

CALGARY, Canada (May 7, 2019) – Sonoro Energy Ltd (the “Corporation “ or “Sonoro”) (TSX Venture: SNV) is pleased to announce that along with its Indonesian partner PT Menara Global Energi, an affiliate of a substantial Indonesian company, the Corporation has been awarded the Selat Panjang PSC in the 2019 Conventional Bid Round in Indonesia as formally announced by SKKMIGAS and the Ministry of Energy in Indonesia. Sonoro has a 25% interest in the project with an option for up to an additional 24%.

The 923-square-kilometer Selat Panjang PSC area is situated in Riau province, Central Sumatra and is approximately 925 km from Jakarta and 110 km from Pekanbaru (capital city of Riau Province). The block has produced oil and gas in prior years. In 2014, the Indonesian Ministry of Energy approved a plan of development for further production; however, in 2018, the block PSC was terminated by the Indonesian Ministry of Energy and as a result the Plan of Development was not implemented.

The consortium was advised in Jakarta, Indonesia today at a formal meeting called by the Ministry of Energy and Mineral Resources to announce the winners of the 2019 Conventional Bid Round. Sonoro and its partner will complete the final proceedings for execution of the PSC in the next couple of days with MIGAS.

Bill Marpe, resident Director of Sonoro in Jakarta, comments: “Sonoro is extremely pleased with the award of the Selat Panjang block in Sumatra Indonesia. Our team has worked hard towards the successful award of this production block and we look forward to developing the block with our project partner. The block and area has demonstrated solid production in the past and we are encouraged by the upside potential we can add to hydrocarbon production in Indonesia in the future.”

Additional details about Selat Panjang, and the consortium’s plans, will be provided as soon as available.

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Forward-looking Statements

Certain information in this news release constitutes forward-looking statements under applicable securities laws. Any statements that are contained in this news release that are not statements of historical fact may be deemed to be forward-looking statements. Forward-looking statements are often identified by terms such as "may," "should," "anticipate," "expects," "estimates," "seeks" and similar expressions. In particular, without limiting the generality of the foregoing, this news release contains forward-looking information regarding the PSC.

Forward-looking statements necessarily involve known and unknown risks, including, without limitation, risks associated with oil and gas exploration, development, exploitation, production, marketing and transportation, loss of markets, volatility of commodity prices, currency fluctuations, imprecision of reserve estimates, environmental risks, competition from other producers, inability to retain drilling rigs and other services, delays resulting from or inability to obtain required regulatory approvals, changes in legislation including but not limited to income tax, environmental laws and regulatory matters, and ability to access sufficient capital from internal and external sources. Readers are cautioned that the foregoing list of factors is not exhaustive.

Readers are cautioned not to place undue reliance on forward-looking statements as there can be no assurance that the plans, intentions or expectations upon which they are placed will occur. Such information, although considered reasonable by management at the time of preparation, may prove to be incorrect and actual results may differ materially from those anticipated. Forward-looking statements contained in this news release are expressly qualified by this cautionary statement.

Additional information on these and other factors that could affect Sonoro's operations or financial results are included in Sonoro's reports on file with Canadian securities regulatory authorities and may be accessed through the SEDAR website (www.sedar.com) or by contacting Sonoro. The forward looking statements contained in this news release are made as of the date of this news release and Sonoro does not undertake any obligation to update publicly or to revise any of the included forward-looking statements, whether as a result of new information, future events or otherwise, except as expressly required by securities law.



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